

FIT AND WELL MEMBERSHIP FORM

Members Details

Primary First Name:

Last Name:

Contact Number:

Date of Birth:

Address:

USQ Staff Email Address:

USQ Staff ID Number:

Emergency Contact Name:

Emergency Contact Relationship:

Emergency Contact Number:

Adult Pre-Exercise Screening

If you answer YES to any of the below, you may be required to provide a medical certificate from your general practitioner before undertaking any activities.

	YES	NO
1. Has your medical practitioner ever told you that you have a heart condition, or have you ever suffered a stroke?		
2. Do you ever experience unexplained pains or discomfort in your chest at rest or during physical activity?		
3. Do you ever feel faint, dizzy, or lose balance during physical activity/exercise?		
4. Have you had an asthma attack requiring immediate medical attention at any time over the last 12 months?		
5. If you have diabetes (Type 1 or 2), have you had trouble controlling your blood sugar (glucose) level in the last 3 months?		
6. Do you have any other known conditions that may require special consideration for you to exercise?		

Membership Agreement

I have read all Membership Terms and Conditions described on the following pages in full and agree to be bound.

Please note: Completing this application form does not automatically entitle you to a membership. Your application will depend on your current eligibility under the USQ Fit and Well program.

USQ Staff Signature: _____

PLEASE SIGN HERE

Date: _____

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Privacy Statement:

The Works Health & Recreation Club is owned and operated by the USQ Student Guild. The USQ Student Guild collects personal information in accordance with our Privacy Policy to assist in providing the best fitness services to suit your needs. We may use this information to contact you about your membership and any future promotions we may have that might be relevant to you. Personal information will not be disclosed to third parties without your consent unless required to by law.

Membership Terms and Conditions:

1. Definitions

- a. **Joining Fee** means the relevant fee for membership setup, access card and member induction
- b. **Membership Agreement** means agreement for the membership duration and acceptance for all rules that apply to that membership
- c. **Start date** meaning date the membership will commence
- d. **End Date** meaning the date your membership expires
- e. **The Works** meaning The Works Health and Recreation Club
- f. **Suspension** meaning the time you have agreed to temporarily cease usage of your membership

2. Membership Agreement

- a. When you have signed this membership form and paid all relevant fees associated with your membership, you have entered a binding contract and have accepted all terms and conditions associated with your membership including third-party debiting terms
- b. Your membership permits you to access The Works premises, use of equipment and services including group classes, tennis courts, and casual sports (when available)

3. Term Membership

- a. All term memberships expire 3, 6 or 12 months after the start date unless a suspension has taken place during the membership or the membership has been renewed prior to expiry
- b. From the end date of your membership, you have 90 days to renew your membership without paying another joining fee. After this period, you may be required to pay the full \$99 joining fee

4. Membership Types

- a. Fit & Well – you must be employed by the University of Southern Queensland on a permanent contract or fixed contract where your appointment is longer than a 12-month period. Please ask reception to check your eligibility.
- b. Concession – you must hold a valid Centrelink concession card, seniors' card or DVA card
- c. Corporate – you must have a corporate agreement with the USQ Student Guild
- d. USQ Student – you must be currently enrolled in a USQ course
- e. Associate – you must be an associate of a current USQ staff member or student, or be a student outside of the University of Southern Queensland (e.g. school student, TAFE or another university)

5. Terminating Membership

- a. **30 days written notice** is required to terminate memberships
- b. No refunds are given for term membership cancellations and two fortnightly direct debits will be debited during this cancellation notice period when on a direct debit membership
- c. If you terminate your membership whilst a suspension is currently in effect, your membership will be reinstated to its full rate for the subsequent direct debits.
- d. Special considerations may be given when you are required to cease your membership usage by a medical practitioner and have supporting documentation
- e. After your membership has ceased, you have 90 days to renew your membership without paying another joining fee

6. Membership Suspensions

- a. **48 hours written notice** is required to suspend memberships
- b. You may suspend your membership for a maximum of 3 months in a 12-month period for all memberships excluding 3-month memberships
- c. Direct debit suspensions must be in fortnightly increments and align with the direct debit payment dates
- d. Once the direct debit suspension is finished, the direct debit will automatically start coming out of the nominated bank account
- e. Term memberships must be suspended for a minimum period of seven days
- f. Term memberships will be extended by the period of their suspensions to enable full usage of the paid term
- g. All memberships are deactivated during a suspension period and access will not be granted to The Works

7. Cooling off period

- a. All memberships have a 7-day cooling off period which commences the date your membership starts
- b. If you wish to cancel your membership, all monies paid will be refunded excluding the joining fee
- c. Written notice to cancel is required and if your cooling off period falls on a weekend, an email must be sent to theworks@studentguild.com.au with your intention so this can be actioned the next business day
- d. All monies owed will be refunded within 10 business days of your membership being cancelled on our system

8. Overdue Payments

- a. If a direct debit payment has failed, our system will automatically debit your account 2 days after the initial debit date
- b. You have until your next direct debit payment date to pay the outstanding amount without your access being restricted
- c. If payment has not been received by the above specified date; your membership will have access restricted and you will not be able to use the facilities or services until all debt is paid

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- d. If all attempts to contact you has failed and payment is not received, your membership will automatically be cancelled after 3 months or 7 direct debits. You will then be subject to the 90-day re-joining policy
- e. All overdue payments must be paid before you are eligible to rejoin

9. Use of Facilities

- a. All patrons visiting the Clive Berghofer Recreation Centre are required to adhere to the Terms and Conditions upon entry. This is displayed in the reception foyer. (Please see: <https://usqworks.com.au/conditions-of-entry/>)
- b. All patrons must follow the Workplace Health & Safety requirements and all current government regulations.
- c. All patrons are required to show courtesy and display respectful behaviour to all other guests in the centre including employees.
- d. Personal belongings brought to the premises are at your own risk. The USQ Student Guild is not liable for any losses or damages.
- e. You must be over 16 years of age to enter the gym and upon entering, do so at your own risk. Children under 16 years of age are permitted to use the gym when supervised by an adult. You are not permitted to use the gym under 13 years of age.
- f. If you require a carer during your visit, they must sign in at reception and are not permitted to use the facilities for personal exercise unless they have paid for a casual visit.
- g. If you are entering the gym, it is a requirement to clean and sanitise all equipment used and place it back when it belongs.
- h. All patrons who are attending the gym, fitness classes, social sports, or any other physical activity must wear closed in shoes for safety reasons.
- i. Any member who has breached the Terms and Conditions will have their membership terminated immediately and legal action may follow depending on the nature of the incident.
- j. From time to time, The Works Health and Recreation Club may have amendments to the services it provides, use of facilities or operating hours. If you wish to suspend your membership during this period, you may do so by providing written notice.

OFFICE USE ONLY

Entered by:	Copy Given to Member:	1 st Check:	2 nd Check:	Uploaded to SharePoint
Staff name: Date:	Staff name: Date:	Staff name: Date:	Staff name: Date:	Staff name: Date:
Induction completed upon membership sign up / renewal: <input type="checkbox"/> Yes <input type="checkbox"/> No				